

Useful Guide to Living in Tondabayashi City for Foreign Residents

**When you need an ambulance
due to a serious injury or illness:**

Call 119.

**When you need to contact the police
to report an accident or crime:**

Call 110.

In the event of a fire:

Call 119. Warn your neighbors, if possible. If a fire breaks out, do not panic. Attempt to extinguish the fire if it is in the early stages and looks controllable. However, if the fire is spreading quickly or reaches the ceiling, evacuate immediately.

When you need help with general procedures or are struggling in your daily life:

Please stop by the city office if you need assistance with any of the following procedures or if you have any other problems in your everyday life: Taxes, National Health Insurance, National Pension, Long-term Care Insurance, Living Assistance, Water Usage, Childcare, Children's Education, and more.

* If you are unsure of where to go for help, please inquire at the Human Rights and Citizen Collaboration Division on the 4th floor of City Hall.

Tondabayashi City Hall

Location	1-1 Tokiwacho, Tondabayashi City	Hours	Monday - Friday, 9:00 a.m. - 5:30 p.m.
Phone	0721-25-1000 (representative)		

When disposing of garbage:

Please put one sticker on a recommended blue see-through 30-liter garbage bag, put two stickers on a recommended white see-through 45-liter garbage bag, and dispose of them at the designated place on the designated day.

* Please ask the Environmental Health Division which days you can put out garbage and how to dispose of other types of garbage and rubbish.



▲ Moeru Garbage

Stickers (Stickers for household garbage)

Environmental Health Division, 1st floor, City Hall

When you change your address (move):

Please visit the Civic Affairs Division at City Hall to complete the procedure(s). If your new address is within Tondabayashi City, please complete the change of address procedure within 14 days after moving. If your new address is outside Tondabayashi City, please complete the procedures before moving.

Civic Affairs Division, 1st floor, City Hall

If you want to study the Japanese language, have trouble with the language, or want to ask for help:

The Tondabayashi Intercultural Communication Center offers Japanese language classes, interpreting and translation support, and language consultation support.

[Japanese Language Class] The Tondabayashi Japanese Reading and Writing Class is held every day, free of charge.

[Interpretation/Translation Support] Translation and interpreting assistance for foreign residents whose native language is not Japanese is available, free of charge.

[Consultation Support] If you have questions about the Japanese language, everyday life in Tondabayashi City, work, childcare and education, etc., but are unsure who you should ask, please feel free to ask us. It is free of charge, and confidentiality is assured.

Tondabayashi Intercultural Communication Center

Location	1-4-31 Koda, Tondabayashi City	Facebook	
Phone	0721-24-2622		
Hours	Monday - Friday, 9:00 a.m. - 5:00 p.m.		